### 7<sup>th</sup> European Specialist Nurses Organisation Congress

"Green Future,
Health Workplace:
Nurse Specialist Leading the Way!"

29 – 31 May 2025 Hotel International Zagreb, Croatia Miramarska 24, 10 000 Zagreb



# Under the auspice of President of Republic of Croatia



International Scientific and Organizing Committee

# Under the auspice of Mayor of City of Zagreb





Adriano Friganovic - Chair Ber Oomen Alessandro Stievano Vedrana Vejzovic Biljana Filipovic Jasper Erwin L. Tolarba Corinne Scicluna Snjezana Cukljek Cecilija Rotim Sandra Boskovic Gennaro Rocco Maddalena De Maria Zrinka Puharic Josephine Declay Kristian Civka Cécile Dury Maurizio Zega Rosario Caruso Blerina Duka Margareta Bruckner Panagiota Tsikala Tihana Gaspert Barbara Mangiacavalli Sara Carrodano Zaneta Bogoevska - Miteva Yves Maule Luigi Apuzzo Brioni Elena Anastasia Liossatou Sandra Karabatic Tanja Zovko Julie Dugmore Andreja Sajnic Gordana Besliovska

#### International Program Committee

Jasper Erwin L. Tolarba Ber Oomen Vedrana Vejzovic Corinne Scicluna Alessandro Stievano Adriano Friganovic Kristian Civka Panagiota Tsikala Tihana Gaspert Rosario Caruso Patricia Burga

#### Local Scientific and Organizing Committee

Cecilija Rotim - Chair Josip Brusic Damir Vazanic Ana Brcina Marko Anic Boris Ilic Sabina Babic Jelena Slijepcevic Marica Jerlekovic Mario Dugonjic Antonija Adamovic Antonija Maric

#### 7<sup>th</sup> European Specialist Nurses Organisation Congress

#### Co-Organizers























# PROGRAM HACKATHON

"Solving the Nurses health workforce crisis in one day, are you ready for the challenge"

29 MAY 2025 ZAGREB CROATIA

# 2

#### 1. Here's the situation:

Overall, we see a lot of attention to repairing health systems, with discussions taking place in terms of health system efficiency, IT, budget, and management. This is often related to what we call the 'Health Hardware.' A confusing issue is that in the slipstream, the patients and professionals—the hearts and minds, the 'Health Software'—are taken for granted. Often, there is a lot of imaginative thinking about the nursing health workforce in management, policies, and politics.

### 2. This is our reading of it:

As nurses, we know all too well that the nursing professional domain is not just a tool to keep the system running but a crucial element for health provision. In our experience, we see too much attention given to the 'hardware,' while some aspects of the 'software' are tagged as technical and instrumental. There is a need to highlight the nursing profession with its moral ambition to contribute to health challenges and invest in humanizing care. We see Moral Ambition as overlapping domains of recognizing a problem, acknowledging that the problem is undervalued, and identifying that there is a solution at hand. The solution has multiple angles.

#### 3. This is our idea:

During the Hackathon, we selected 7 pending topics and found concrete and implementable steps for addressing them. These steps can be visionary but are also enriched with good examples. Implementation can be done locally, as this is often easier to digest, avoiding generality and loss during the process. Moderators are invited to guide the discussions and work towards solutions, ensuring that the solutions contribute to nurses' careers, autonomy, well-being, and



retention. Additionally, these solutions are also attractive for managers, as they contribute to system and budgetary efficiency in the long run. The goals is to formulate: **our way out**-the nurse's response on the challenges, what can/we will do and what do we/I need. The aim to be as close as possible in the implementation: feasible and challenging.

### 4. How to manifest this Hackathon:

At each table, there is a moderator who guides and keeps the conversation going, ensuring all voices are heard, and an observer/reporter who takes notes. The table is aware of the trap of finding solutions too soon and not exploring angles of vulnerability and trying out several scenarios. The way out can be a 'one-way' solution but also a spectrum of answers, all of which are feasible. During the session, we do not expect a high level of scientific character but rather good and inspirational ideas. There are nine pending topics, but during the Hackathon, we might end up with six or seven based on the number of participants, possible overlaps of issues, or new suggested issues. There will be a consultant table and a microphone for those wishing to do a 'collective consultation.

### 5. How to package this:

The outcome of each table will be collected with the aim of including all contributions and presenting an initial summary at the end of the congress. The recommendations will be handed over to EU institutional representatives, including the names of the participants and their organizations. The outcome will be compiled into a report, published on the ESNO website, with an invitation for organizing representatives to endorse the findings.





# Success working processes:

This structured approach ensures that you address all critical aspects of the hackathon process, from problem definition to solution presentation. Each stage builds on the previous one, creating a cohesive and comprehensive pathway to a successful project.

#### INTRODUCTION

Define the Problem. Clearly articulate the problem you're aiming to solve. What is the scope, and why is it important? Set Objectives such as outline what you aim to achieve by the end of the hackathon. Establish success criteria and key deliverables.

#### **EXPLORE**

Use research, on the problem and look into existing solutions, identify gaps, and gather relevant data. Practice brainstorm, such as generate a wide range of ideas and potential approaches and use online resources or AI. Encourage open discussion and creative thinking. Evaluate Ideas and assess the feasibility, impact, and novelty of each idea. Prioritize the most promising ones.

#### **SYNERGIZE**

Strengthen teams, based on skills and interests, form teams that can work effectively together. Ensure a mix of technical, design, and business expertise. Collaborate, such as share knowledge and resources within the team. Leverage each member's strengths to refine your approach. Align Goals, such as make sure everyone is on the same page regarding the project goals and plan.

#### **COMPOSE**

Develop a draft Plan and create a detailed project plan with milestones and deadlines. Break down the work into manageable tasks. Prototype, such as start building a prototype and focus on core functionality and essential features. Iterate, such as test and refine the prototype based on feedback. Make necessary adjustments to improve the solution.

Advice to take a break, stap back and let the dust drop, maybe some new contours arrive.

Test the solution to ensure it works as intended. Identify and fix bugs or issues. Ensure that the solution meets the initial objectives and success criteria. Gather feedback from potential users or stakeholders. Keep records of the development process.

Focus on the user experience and ensure the solution is user-friendly and visually appealing. Create a cohesive brand identity, and prepare the materials needed to showcase your solution, such as slides.

Present craft a compelling pitch that clearly communicates the problem, solution, and impact. Highlight key features and benefits. Practice your presentation multiple times. Ensure all team members are confident and can handle Q&A sessions. Present your solution to the judges and audience. Emphasize the innovation, practicality, and potential impact of your work.

CHECK

**DESIGN** 

**PRESENT** 

### Do and don'ts of the Hackathon

HM, IS THAT WISE?	THE SUGGESTED ALTERNATIVE	
Using dead-end Cynicism	Practice constructive criticism	
I'm think I know what is best	I like check what my assumption	
Solely academic language	Clear and digestible language	
All evidence based	Use sources as much you can but be selective.	
We want to be the wheel inventers	Cross pollination can be helpful.	
Wanting to be very complete	Beware of the time and not stick into details	
We remain in a same and save direction	Be open to 'serendipity' if it serves the purpose	
Be focussed and serious	Enjoy the experience and practice humour.	

# Lead of the hackathon

#### Susan Genaro and Ber Oomen

### Time Schedule

09:00 - 10:00	Prepare meeting with Moderators, discuss table and themes of preference: Walking in, grouping and exploring themes
10:00 - 10:15	Official opening of the Hackathon
10:15 - 10:30	Setting the scene
10:30 - 13:00	Discussions
11:30 - 11:45	Coffee break
13:00 - 14:00	Lunch
14:00 - 15:00	Designing the proposals
15:00 - 16:00	Presentations outcome by moderators/reports
16:00 - 17:00	Debates / Panel and conclusions

### The 6 pending topics

Why nurses leave and how to stop the outflow: Identifying key factors driving nurse attrition (workload, salary, recognition, career stagnation, mental health). Exploring successful retention strategies in different countries and sectors. How can hospitals and policymakers collaborate to create better working conditions? The role of flexible work arrangements, career progression, and leadership opportunities. Brainstorming pilot projects for improving nurse retention.

Mentorship as a catalyst for professional resilience and growth: Defining the role of mentorship in a nurse's career trajectory. How to move from informal to structured mentorship programs in hospitals and institutions. What incentives can drive mentorship engagement at all levels? Digital mentorship platforms: Can AI and technology help? Creating a European roadmap for nurse

mentorship initiatives.

Rethinking nursing's role in a new health paradigm: How can VBHC improve nurse job satisfaction and patient outcomes? Moving from volume-based to value-based care: What does this mean for nurses? What needs to change in hospital management and financing? Best practices from countries successfully implementing VBHC. What role can specialist and advanced nurses play in leading VBHC transformation?

#### Table #1.

Reinventing Nurse Retention: What Works and What Doesn't?

#### Table #2.

Mentorship in Nursing: A Structural Necessity, not a Luxury

#### Table #3.

Value-Based Healthcare: Can it Lead Us Out of the Crisis?

#### 7th European Specialist Nurses Organisation Congress

#### Table #4.

Breaking Down Silos: Redefining Interprofessional Collaboration Creating equal and meaningful partnerships in healthcare: Why traditional healthcare structures are failing and how to fix them. Overcoming resistance to change: Practical approaches to shifting mindsets. Strengthening the voice of nurses in decision-making. What can nurses learn from other professional fields (e.g., IT, business, engineering)? Strategies to foster interdisciplinary cooperation and mutual respect.

#### Table #5.

Wellbeing & Mental Health in Nursing: Beyond the Burnout Talk Moving from crisis response to long-term support: The psychological impact of high-pressure environments on nurses. How can we better integrate mental health support within hospitals? Reducing stigma and fostering a culture of open dialogue. Innovative interventions for self-care and resilience. Organizational responsibility vs. individual coping strategies: Where's the balance?

#### Table #6.

STORY BOARD TABLE- Insight Collection & Open Table: "What Did We Miss?" A dynamic space for emerging ideas and unexpected insights

- An open format where participants can add new issues or refine existing discussions.
- Also input from online participant contributions are collected and included. Live documentation of key insights and cross-table connections.
- Facilitators will collect and summarize takeaways for integration into posthackathon outcomes.





- PLENARY SPEECHES -HALL MARKET (Grand salon)
- LECTURES SESSIONS -HALL SINERGY 1 (Adriatic 1)
- LECTURES SESSIONS -HALL SINERGY 2 (Adriatic 2)

### PLENARY SPEECHES – HALL MARKET (Grand salon)

	Friday, 30 May 2025
	08:00-17:00 REGISTRATION DESK
	09:00- 09:30 OPENING CEREMONY
	Moderator: Alessandro Stievano, Adriano Friganovic
09:30- 10:00	DISSEMINATING EVIDENCE FROM RESEARCH, INNOVATIONS & PRACTICE-GLOBAL PERSPECTIVES Fiona Timmins - Ireland
10:00- 10:20	AN EU HEALTH WORKFORCE CRISIS PLAN: SUSTAINABILITY OF HEALTHCARE SYSTEMS AND EMPLOYMENT AND WORKING CONDITIONS IN THE HEALTHCARE SECTOR András Tivadar Kulja – Hungary
10:20- 10:40	ARTIFICIAL INTELLIGENCE AND THE FUTURE OF NURSING Susan Gennaro – USA
10:40- 11:00	THE POWER OF MENTORSHIP FOR NURSE SPECIALIST Wendy Budin – USA
	11:00-11:30 COFFEE BREAK
	Moderator: Wendy Budin, Corinne Scicluna
11:30- 11:45	MANAGE HOSPITAL ROUNDS MEANS TO BE IN CONSTANT CONTACT WITH YOUR TEAM Brankica Rimac – Croatia
11:45- 12:00	FUTURE PERSPECTIVES OF SPECIALIST NURSES Vedrana Vejzovic – Sweden
12:00- 12:15	PATIENT SAFETY IN SLOVAK CHILDREŃ S TEACHING HOSPITALS Silvia Velková – Slovakia
12:15- 12:30	PROFESSIONAL RESPECT AS EXPERIENCED BY PUBLIC HEALTH NURSES IN FINLAND Alessandro Stievano, Gennaro Rocco, Mary Kangasniemi, Ippolito Notarnicola, Sara Carrodano, Maddalena de Maria – Italy
12:30- 12:45	NURSE WELL BEING: STATE OF THE SCIENCE Susan Gennaro – USA
12:45- 13:00	THE DEVELOPMENT OF A NEW MODERN TOOL TO ASSESS NURSING COMPETENCY IN MALTA Geoffrey Axiak, Corinne Scicluna – Malta
13:00- 13:15	THE NURSING THEORY OF COMPLEX ADAPTIVE SYSTEMS: A NEW PARADIGM FOR NURSING Ippolito Notarnicols, Rosario Caruso, Alessandro Stievano – Italy

12:45- 13:00	IMPLEMENTATION AND EXPANSION OF A GREEN ICU PROGRAM: A CASE STUDY IN A HIGH-COMPLEXITY HOSPITAL IN LATIN AMERICA Fernanda Olive, Bernardita Sanhueza, Andres Ferre – Chile
13:45- 14:00	EMBEDDING ENVIRONMENTAL SUSTAINABILITY INTO VETERINARY NURSE EDUCATION Shirley Gibbins – UK
	14:00-15:00 LUNCH BREAK
15:00- 16:00	WORKSHOP – CLIMATE CODE RED: PUBLIC HEALTH NURSING ON THE FRONTLINES OF THE CLIMATE CRISIS Adriano Friganovic, Aleksandar Racz, Josefine Dealay- Croatia, Belgium
16:00- 17:00	WORKSHOP – CATHETER URINARY TRACT INFECTIONS, PREVENTION THORUGH EXTERNAL URINARY CATHETERS Adriano Friganovic, Josefine Declay- Croatia, Belgium
	17:00-17:15 DISCUSSION

20:00 NETWORKING HOTEL INTERNATIONAL GRAND MARKET FELOWSHIP AWARDS

### PLENARY SPEECHES – HALL MARKET (Grand salon)

	Saturday, 31 May 2025
	08:00-17:00 REGISTRATION DESK
	Moderator: Ber Oomen, Patrizia Burga
09:00- 09:20	GLOBAL NURSING LEADERSHIP TO PROMOTE SPECIALISM IN NURSING Joyce J. Fitzpatrick, USA
09:20- 09:40	CODE RED FOR HUMANITY: CLIMATE CHANGE AS THE DEFINING PUBLIC HEALTH EMERGENCY Aleksandar Racz- Croatia
09:40- 10: 00	THE COME OF AGE OF ADVANCED PRACTICE NURSING IN HONG KONG – A DEVELOPMENTAL FRAMEWORK Sylvia Yuk Kuen Fung- Hong Kong, China
10:00- 10:20	MULTIDISCIPLINARY HEALTH CARE RESEARCH – A GAME OF THRONES? THE ROLE AND POTENTIAL OF THE SPECIALIST NURSE Anders Kottorp- Sweden

#### 7<sup>th</sup> European Specialist Nurses Organisation Congress

10:20- 10:40	QUALITY OF NURSING WORKING LIFE, WORK ABILITY INDEX AND INTENTION TO LEAVE THE WORKPLACE AND PROFESSION Snjezana Cukljek- Croatia
10:40- 11:00	NURSE ANESTHETISTS COMPETENCIES Jackie Rowles- USA
	11:00-11:30 COFFEE BREAK
	Moderator: Vedrana Vejzovic, Julie Dugmore
11:30- 11: 50	CREATING A HEALTHY WORKPLACE: WHY WELLNESS MATTERS TO NURSES Dianne Morrison-Beedy- USA
11: 50- 12:05	WELL-BEING AND INTEGRATION OF MIGRANT NURSES THE CASE OF ALBANIAN NURSES Alketa Dervishi, Blerina Duka, Ana Uka- Albania
12:05- 12:15	FEASIBILITY OF A NATURE-BASED INTERVENTION ON HEALTHCARE PROFESSIONALS A GREEN APPROACH TO SUPPORTING HEALTHCARE PROFESSIONALS Menada Gardalini, Marinella Bertolotti, Mariateresa Dacquino- Italy
12:15- 12:30	IMPORTANCE OF PROFESSIONAL ASSOCIATIONS IN NURSING THE ROLE OF SIGMA THETA TAU INTERNATIONAL Boris Ilic, Snjezana Cukljek- Croatia
12:30- 12:45	THE ROLE OF PROFESSIONAL DIGNITY IN END -OF- LIFE NURSING CARE: A QUALITATIVE EXPLORATION PERCEPTIONS OF PROFESSIONAL NURSING DIGNITY IN PALLIATIVE AND HOSPICE CARE SETTINGS Sara Carrodano, Maddalena De Maria, Alessandro Stievano- Italy
13:00- 14:00	PANEL DISCUSSION - GLOBAL NURSING - FACING THE CHALENGES Moderator: Jasper Erwin L. Tolarba- USA
	14:00-15:00 LUNCH BREAK
15:00- 16:00	<b>WORKSHOP</b> – NURSES & VACCIANTION: COMPETENCE BUILDING AND POLICY ENGAGEMENT Ber Oomen, Tihana Gaspert- Netherland, Croatia
16:00- 17:00	<b>WORKSHOP</b> – SPECIALIST NURSES FOR PATIENT SAFETY Panagiota Tsikala, Kristian Civka- Austria, Croatia
	17:00 - 17:15 DISCUSION - CLOSING

# LECTURES SESSIONS - HALL SINERGY 1 (Adriatic 1)

	· ·
	Friday, 30 May 2025
	08:00-17:00 REGISTRATION DESK
	Moderator: Rosario Caruso, Dhurata Ivziku
11:30- 12:30	WORKSHOP – HERPES ZOSTER IN THE NURSING DOMAIN, "FROM AWARENSS TO COMPETENCE BUILDING" Ber Oomen, Tihana Gaspert – Netherland, Croatia
12:30- 13:30	FROM RESEARCH TO PUBLICATION-WORLD OF HEALTH JOURNAL Adriano Friganovic, Vedrana Vejzovic, Alessandro Stievano – Croatia, Sweden, Italy
13:30- 13:45	JOB DEMANDS, RESOURCES, AND NURSE RETENTION IN ITALY WHAT DRIVES TURNOVER Dhurata Ivziku, Anna De Benedictis, Daniela Tartaglini - Italy
13:45- 14:00	INNOVATING ANESTHESIA TOGETHER- WCNA BRISBANE 2026 Kristian Civka, Adriano Friganovic - Croatia
	14:00-15:00 LUNCH BREAK
	Moderator: Maddalena de Maria, Patrizia Burga
15:00- 15:15	HOW EFFECTIVE IS THE SPECIALIST CLINIC ROLE IN THE MANAGEMENT OF EXTERNAL VENTRICULAR DRAIN? Ludovica Salvadei, Alessandro Monaci, Federica Faiulo- Italy
15:15- 15:30	ENVIRONMENTAL SUSTAINABILITY IN HEALTHCARE TRANSFORMING CRITICAL CARE UNITS FOR ENVIRONMENTAL CONSERVATION Maria Sanhueza, Fernanda Olive- Chile
15:30- 15:45	GAMIFICATION AS A STRATEGY TO IMPROVE QUALITY OF LIFE AND SOCIALIZATION IN OLDER PEOPLE: A LITERATURE REVIEW Marzia Lommi, Dhurata Ivziku, Luca Guarente - Italy
15:45- 16:00	CLUSTERING SELF-EFFICACY IN NUTRITIONAL CARE AMONG ITALIAN NURSES: A SINGLE-CENTER PILOT STUDY Silvia Belloni, Gianluca Conte, Rosario Caruso - Italy
16:00- 16:15	EXPLORING AND MAPPING THE LIVED EXPERIENCES OF STIGMA AMONG PEOPLE LIVING WITH A MENTAL ILLNESS: A SCOPING REVIEW Ilaria Marcomini, Miriana D'Andrea, Andrea Poliani - Italy
16:15- 16:30	FAMILY AND COMMUNITY NURSING IN ITALY THEORETICAL MODEL AND ETHICAL CHALLENGES Alessandro Stievano, Gennaro Rocco, Ippolito Notarnicola, Sara Carrodano, Maddalena de Maria – Italy
16:30- 16:45	INNOVATIVE LEARNING IN HEALTH CARE SIMULATION: PRACTICES AND PERFORMANCE Mohamed Mouhajir - Morocco
	16:45 - 17:00 DISCUSION

# LECTURES SESSIONS – HALL SINERGY 1 (Adriatic 1)

	· ·
	Saturday, 31 May 2025
	08:00-17:00 REGISTRATION DESK
	Moderator: Ippolito Notarnicola, Mario Dugonjic
11:30- 11: 45	ANALYSIS OF HOUSEHOLD WASTE DISCARDED BY HEALTH INSTITUTIONS IN CHILE: A DESCRIPTIVE STUDY Fernanda Olive, Bernardita Sanhueza, Andres Giglio - Chile
11:45- 12:00	LEADERSHIP TRANSFORMATION AND NURSING DYNAMICS Ippolito Notarnicola, Blerina Duka, Giovanni Gioiello - Italy, Albania
12:00- 12:15	INTERVENTIONS FOR MANAGING NURSING MORAL DISTRESS: A SCOPING REVIEW Ilaria Marcomini, Manuela Lago, Debora Rosa - Italy
12:15- 12:30	POSTOPERATIVE PAIN IN ADULT PATIENTS AFTER OPEN CARDIAC SURGERY Marina Ahmetbegovic, Ann-Cathrine Bramhagen, Vedrana Vejzovic - Sweden
12:30- 12:45	THE TEACH-BACK METHOD TO ENHANCE ENGAGEMENT WITH DIGITAL TECHNOLOGY IN HYPERTENSION MANAGEMENT: A LONGITUDINAL STUDY Ilaria Marcomini, Debora Rosa, Carla Amigoni - Italy
12:45- 13:00	THE IMPACT OF PROBIOTICS ON DISEASE RELAPSES AND REMISSION RATES IN ADULTS WITH INFLAMMATORY BOWEL DISEASE Mario Dugonjic, Slobodan Zdravkovic, Vedrana Vejzovic - Sweden
13:00- 13:15	HOSPITAL ENVIRONMENTAL HYGIENE: A QUANTITATIVE STUDY FROM CROATIA Martina Močenic, Vedrana Vejzovic, Anders Kottorp – Sweden
13:15- 13:30	AUDITORY HALLUCINATIONS SIMULATION IN MENTAL HEALTH NURSING EDUCATION: A SCOPING REVIEW Mauro Parozzi, Mattia Bozzetti, Stefano Mancin - Italy
13:30- 13:45	DEVELOPING NON-TECHNICAL SKILLS IN CRITICAL CARE NURSING: INTEGRATING REFLECTIVE AND SIMULATION- BASED APPROACHES Declaye Joséphine, Renard Julie, Dubois Nadège, Espeel Florence, Sophie Delvaux, Ghuysen Alexandre, MD - Belgium
13:45- 14:00	NURSES' BELIEFS AND THE UTILIZATION OF NURSING DIAGNOSES: A CROSS-SECTIONAL STUDY Ilaria Marcomini, Mattia Bozzetti, Roberta Pendoni - Italy
	14:00- 15:00 LUNCH BREAK
	Moderator: Sara Carrodano, Snjezana Cukljek

15:00- 15:15	ADAPTING THE FUNDAMENTALS OF CARE FRAMEWORK TO IMPROVE NURSING CARE IN CLOISTERED COMMUNITIES: A STUDY IN ITALIAN MONASTERIES Sara Carrodano, Enrica Cantinotti, Paola Lorenzani - Izaly
15:15- 15:30	EMBRACING VULNERABLE MIGRANTS BY EMPOWERING THEIR SELF-CARE (EMBRACING) PROTOCOL FOR A LONGITUDINAL INTERNATIONAL STUDY Mariachiara Figura, Paola Arcadi, Izabella Uchmanowicz – Italy, Poland
15:30- 15:45	HEALTH PROFESSIONAL LABOUR MOBILITY IN THE GLOBAL ARENA: AN IN-DEPTH ANALYSIS OF THE CODES OF ETHICS FOR RECRUITMENT Alessandro Stievano, Sara Carrodano, Gennaro Rocco - Italy
15:45- 16:00	THE POST-OPERATIVE HANDOVER THROUGH THE ISOBAR METHOD: A PRELIMINARY STUDY Mauro Parozzi, Laura Motta, Paolo Ferrara- Italy
16:00- 16:15	THE ROLE OF COMPASSION IN ADDRESSING NURSING CARE COMPLEXITY / COMPASSION IN NURSING: A KEY COMPETENCY FOR QUALITY CARE AND PROFESSIONAL RELISIENCE Sara Carrodano, Enrica Cantinotti, Paola Lorenzani - Italy
16:15- 16:30	SOURCES OF NOISE AND THEIR IMPACT ON NURSES IN INTENSIVE CARE UNITS Biljana Filipovic, Tea Bernardic - Croatia
16:30- 16:45	FINGERPRINT CHANGE AFTER ANTICANCER TREATMENTS: A SYSTEMATIC INTEGRATIVE REVIEW Silvia Belloni, Arianna Magon - Italy

16:45 - 17:00 DISCUSSION - CLOSING

### LECTURES SESSIONS – HALL SINERGY 2 (Adriatic 2)

Friday, 30 May 2025

08:00-17:00 REGISTRATION DESK

POSTER PRESENTATION Moderator: Aleksandar Racz, Cecile Dury

11:3011:40
THE HEALING POWER OF NATURE: THE IMPACT OF NATURAL VIEWS AND GREEN SPACES ON PATIENT RECOVERY IN HOSPITAL ENVIRONMENTS

Ljerka Armano, Martina Trncevic- Croatia

11:40- CLIMATE CHANGE AND HEALTH RISKS THE ROLE OF THE NURSE IN PROMOTING CONSCIOUSNESS AND BEHAVIORAL CHANGES: A PILOT STUDY

Marilisa Perna, Claudia Di Turi, Alessia Merlo-Italy

#### 7<sup>th</sup> European Specialist Nurses Organisation Congress

11:50- 12:00	ADVANCING NURSING SKILLS EDUCATION THROUGH INNOVATIVE DIGITAL TECHNOLOGY Ivana Piscenec, Martina Trncevic- Croatia
12:00- 12:10	IDENTIFYING AND VALIDATING PATIENT CLUSTERS IN CORONARY ARTERY BYPASS GRAFTING INTEGRATING AUTONOMIC FUNCTION WITH CLINICAL AND DEMOGRAPHIC DATA FOR PERSONALIZED CARE Pavandeep Singh, Alberto Porta, Marco Ranucci-Italy
12:10- 12:20	THE FUTURE OF BLOOD TRANSFUSION IN HEMATOLOGICAL DISEASES – LEUKAPHERESIS–Mirela Susac, Ivana Mabic, Jadranka Knezevic – Bosnia and Herzegovina
12:20- 12:30	INTEGRATING CLIMATE AND GENDER JUSTICE INTO SUSTAINABLE NURSING Martina Trncevic, Ivana Piscenec- Croatia
12:45- 14:00	INTRODUCTION AND LAUNCH OF THE ESNO BOOK IN PRINCIPLES OF NURSING IN INFECTION PREVENTION Ber Oomen, Tihana Gaspert - Netherland, Croatia
	14:00-15:00 LUNCH BREAK
	Moderator: Anders Kottorp, Brankica Rimac
15:00- 15:15	CURRICULUM APPROACH IN NURSING EDUCATION Vanja Crnjin Duric, Marina Dikovic- Croatia
15:15- 15:30	SOCIAL-MEDIA COMMUNICATION BY NURSING DEGREE STUDENTS: A STRUCTURED ANALYSIS OF TIKTOK VIDEOS Mauro Parozzi, Fabiana Mongelli, Paolo Ferrara- Italy
15:30- 15:45	ASPIRATIONS AND CHALLENGES IN THE PROCESS OF IMMUNIZATION Goran Mosic, Mirjana Blanusa- Serbia
15:45- 16:00	SEPSIS EDUCATION IN NURSING: A CROSS-SECTIONAL STUDY OF STUDENTS' KNOWLEDGE ACROSS CROATIAN, CYPRIOT, AND GREEK UNIVERSITIES Gloria Besker, Jelena Slijepcevic, Adriano Friganovic, Kristian Civka, Sanja Ledinski, Sabina Krupa, Ana Brcina, Stelios Iordanou, Andreas Protopapas, Maria Hadjibalassi, Vasilios Raftopoulos, Theodoros Katsoulas – Croatia, Poland, Cyprus, Greece
16:00- 16:15	DIET AS A TREATMENT FOR INFLAMMATORY BOWEL DISEASE: A SCOPING REVIEW EXPLORING Josephine Pettersson, Vedrana Vejzovic, Klas Sjöberg- Sweden
16:15- 16:30	SELF-CARE BEHAVIORS IN OLDER ADULT AFFECTED OF MULTIPLE CHRONIC CONDITIONS LIVING IN A LOW- AND MIDDLE-INCOME COUNTRY AND ITS VARIABLES ASSOCIATED Edona Gara, Rocco Mazzotta, Sajmira Adera- Italy
16:30- 16:45	MEDICAL WORKERS AND BURNOUT SYNDROME Radenka Cirakovic - Serbia
	16:45-17:00 DISCUSSION

# LECTURES SESSIONS - HALL SINERGY 2 (ADRIATIC 2)

	Saturday, 31 May 2025
	08:00-17:00 REGISTRATION DESK
	Moderator: Jackie Rowles, Marie Louise Luiking
11:30- 11:45	CRITICAL CARE COMPETENCE: EVALUATING AN ONLINE ICU TRAINING PROGRAM FOR NURSING STAFF Ilaria Marcomini, Alessandra Negro, Giulia Villa- Italy
11:45- 12:00	THE IMPORTANCE OF EDUCATION ON THE PREVENTION OF HEALTHCARE-ASSOCIATED INFECTIONS IN NURSING AS PART OF THE LIFELONG EDUCATION OF NURSES Mihaela Kranjcevic- Scuric, Martina Mocenic- Croatia
12:00- 12:15	A SYSTEMATIC REVIEW OF NURSING COMPETENCIES: ADDRESSING THE CHALLENGES OF EVOLVING HEALTHCARE SYSTEMS AND DEMOGRAPHIC CHANGES Ippolito Notarnicola, Blerina Duka, Alessandro Stievano – Italy
12:15- 12:30	MEASUREMENT PROPERTIES OF THE MUTUALITY SCALE IN OLDER ADULTS WITH MULTIPLE CHRONIC CONDITIONS AND THEIR CAREGIVERS Dasilva Taci, Maddalena De Maria, Alessandro Stievano- Italy
12:30- 12:45	EFFECTIVENESS OF VIRTUAL REALITY AND BUZZY® DEVICE IN REDUCING PAIN AND ANXIETY DURING PEDIATRIC VENIPUNCTURE Menada Gardalini, Tatiana Bolgeo, Laura Savi – Italy
12:45- 13:00	DEVELOPMENT OF RHEUMATOID ARTHRITIS AND NURSES ACTIVITIES Ljiljana Stijepovic- Montenegro
13:00- 14:00	FOUNDATION OF SPECIALIST NURSES IN EUROPE – FONSE WHAT CAN WE DO MORE? Rosario Caruso, Kristian Civka, Shirley Gibbins – Italy, Croatia, UK
	14:00-15:00 LUNCH BREAK
15:00- 16:00	<b>PANEL DISSCUSION:</b> NEW GENERATIONS OF NURSING STUDENTS NAD NURSE EDUCATORS – ARE WE READY? Moderator – Cecile Dury – France
16:00- 17:00	<b>WORKSHOP</b> - FOREST THERAPY Aleksandar Racz- Croatia Forest therapy workshop will be provided for limited number of participants in Maksimir forsest
	17:00 - 17:15 DISCUSSION







# EUROPEAN SPECIALIST NURSES ORGANISATION

in cooperation with

#### **ZAGREB ATHLETIC ASSOCIATION**

organize

### "SPECIALIST NURSES RUN"

June 1st 2025, Bundek Lake, Zagreb



#### PLATINUM SPONSOR



#### **GOLD SPONSORS**





#### **BRONZE SPONSORS**



#### **SPONSORS**









